



सत्यमेव जयते

GOVERNMENT OF WEST BENGAL
National Service Scheme Unit-I

JHARGRAM RAJ COLLEGE (GIRLS' WING)

P.O.- Jhargram :: Dist-Jhargram :: PIN-721507 :: Ph: 03221299907



YEAR: 2019-2020

1. Legal Awareness Programme

<i>Date of Event</i>	<i>Number of Participants</i>
29.07.2019	17 volunteers

The legal awareness programme is essential in a women's educational institution. This awareness event was conducted in collaboration with NSS Unit I to educate women about trafficking, cybercrime, and harassment on numerous social media platforms. Women who have a thorough understanding of their legal rights will feel empowered. It serves as a stepping stone in increasing their trust and faith in the legal system that they are unfamiliar with.




Officer-in-Charge
Jhargram Raj College (Girls' Wing)
(Govt. of West Bengal)
Jhargram-721507

Nazrin Mullick
PROGRAMME OFFICER
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Jhargram Raj College (Girls' Wing)
Government of West Bengal
Jhargram



2. Three-Days Swacchata Programme

<i>Date of Event</i>	<i>Number of Participants</i>
10.08.2019, 13.08.2019 and 14.08.2019	21 volunteers

The Swacchata Programme was organized by NSS Unit I. The programme lasted three days. On the first day of the event, volunteers distributed bleaching powder to neighbours in order to apprise them on fundamental health and hygiene practices. On the second day, a campus cleaning campaign was organized, in which students scrubbed the campus to preserve a clean and sanitary atmosphere. Finally, on the third day of the programme, volunteers maintained the garden.





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3. Independence Day Celebration

<i>Date of Event</i>	<i>Number of Participants</i>
15.08.2019	20 volunteers

The celebration of Independence Day is a tribute to all the freedom fighters who fought with all their might to make our country independent. It is the celebration of the sacrifices of all those unsung heroes who contributed in the struggle to make it a success. The students paid their tribute through different cultural activities such as singing, dancing and recitation. The event lasted for 1.5 hours.





4. Observation of Constitution Day

<i>Date of Event</i>	<i>Number of Participants</i>
26.11.2019	15 volunteers

The Constitution Day, also known as *Samvidhan Diwas*, commemorates the adoption of India's constitution. The eager volunteers addressed our country's basic ideals and essential rights. The programme reaffirmed its commitment to upholding the laws and dictums of the country's constitution.





5. Off-Campus Cleaning

<i>Date of Event</i>	<i>Number of Participants</i>
25.01.2020	21 volunteers

Every year, NSS volunteers organize a campus cleaning drive. Besides cleaning the campus, it also conveys the message about the necessity of a clean and sanitary environment. The volunteers therefore, promoted about the importance of cleanliness off campus. It was an exemplary act for the local residents.





6. Republic Day Celebration

<i>Date of Event</i>	<i>Number of Participants</i>
26.01.2020	16 volunteers

Republic Day celebrations are significant because they commemorate India's establishment as a democratic republic. The volunteers gladly took part in the event. The programme lasted 1.5 hours.

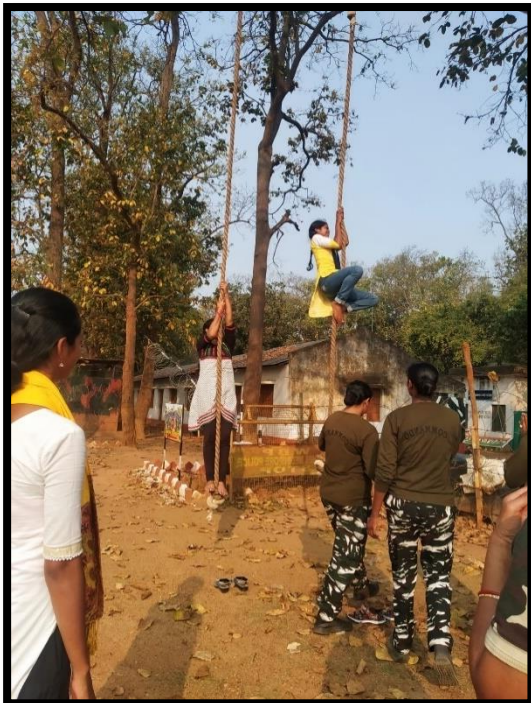




7. Self-Defence Programme

<i>Date of Event</i>	<i>Number of Participants</i>
27.02.2020—05.03.2020	50 volunteers

NSS Unit I organized a self-defence workshop in collaboration with the CRPF's 232 Mahila Battalion. The programme sought to teach students self-defence methods and tactics. It is one of the most important necessities that women should understand in order to defend themselves from any potential risk. It will make them feel powerful and help them become self-sufficient.

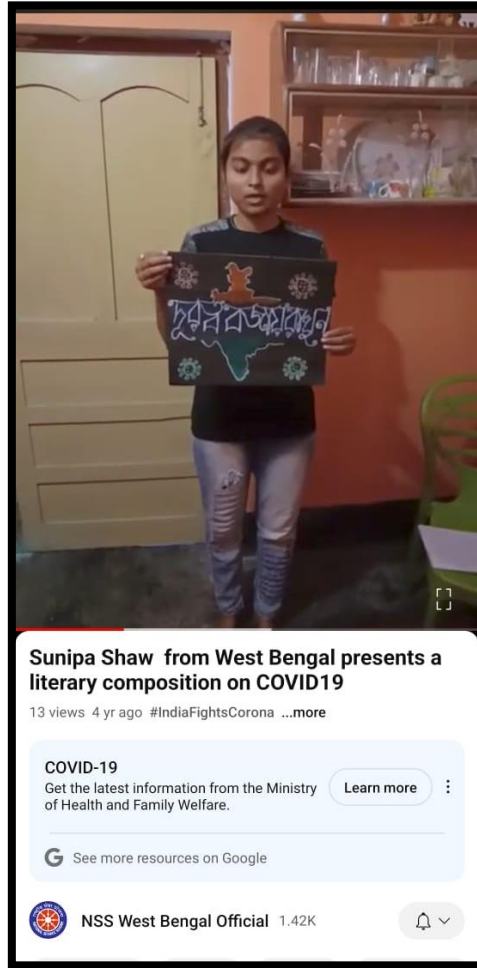




8. COVID-19 Awareness Activities

<i>Date of Event</i>	<i>Number of Participants</i>
May-June 2020	05 volunteers

From May-June 2020, the NSS volunteers organised activities through posters, poem, and videos in online platform to create COVID-19 awareness among the masses. The YouTube link of the awareness program is attached below.



https://youtu.be/W3JaV_WRsVs?si=aes1yCYEGUQfvA5M