



YEAR: 2021-2022

1. Mushroom Cultivation

<i>Date of Event</i>	<i>Number of Participants</i>
13.08.2021	02 volunteers

The villagers of Pukuriya village learned how to cultivate mushrooms in their location. Mushroom growing may be a significant source of income for communities. Coming from a poor socioeconomic zone with inhabitants living below the poverty line, this crucial information about mushroom cultivation in their own area served as a significant means of economic upliftment. Dr. Pranab Sahoo from Tropical Earth and Environmental Research (TEER) came to inform the community about the full mushroom farming process. The NSS volunteers lent their assistance to make this event a success.





GOVERNMENT OF WEST BENGAL
National Service Scheme Unit-I

JHARGRAM RAJ COLLEGE (GIRLS' WING)

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2. Independence Day Celebration Following Covid Protocol

<i>Date of Event</i>	<i>Number of Participants</i>
15.08.2021	09 volunteers

Independence Day was commemorated in both online and offline modes. Those physically present at the college had raised the flag and performed on this auspicious occasion. Those who participated via the online Google Meet platform delivered a speech emphasizing the significance of this day. The event lasted 1.5 hours and included nine NSS volunteers.





3. Mask Distribution and COVID-19 Awareness Campaign at Satyaban Pally

<i>Date of Event</i>	<i>Number of Participants</i>
23.11.2021	10 volunteers

Ten NSS volunteers took part in a social activity to raise awareness among the residents of JRCGW's adopted village, Satyaban Pally. Following the pandemic, NSS volunteers continued their efforts to improve public awareness about safety standards and preventative measures for a healthy environment. Volunteers distributed masks to the people.



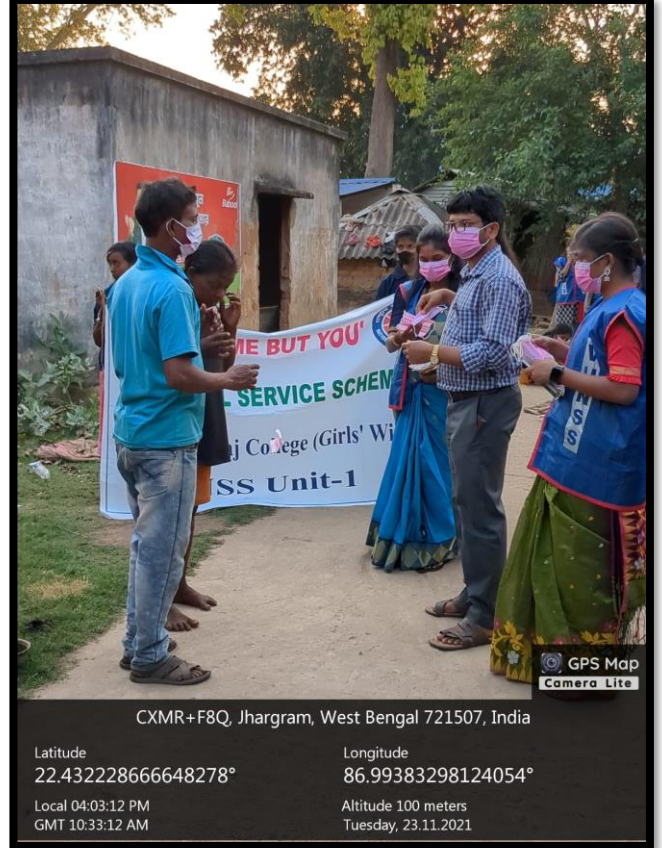


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4. Prabhat-Feri Programme for 100 Years Celebration of S.D.O Jhargram.

<i>Date of Event</i>	<i>Number of Participants</i>
01.02.2022	20 volunteers

Twenty volunteers participated in the 100 years celebration of S.D.O of Jhargram. The programme took place on 1st February, 2020. Participation in the Prabhat-feri programme made the students to be able to know about the history of the district and later spread it among the students of JRCGW.





5. Campus Cleaning Programme for Annual Sports Day

<i>Date of Event</i>	<i>Number of Participants</i>
04.03.2022	46 volunteers

On the eve of the Annual Sports Meet-2021-2022, forty-six volunteers helped clean up the campus. The cleaning activity sent a message to others about the significance of keeping our campus clean. It stresses the NSS volunteers' vow that a healthy and clean environment can contribute to a healthy future. Their efforts validated the famous adage "*cleanliness is the first law of health*".





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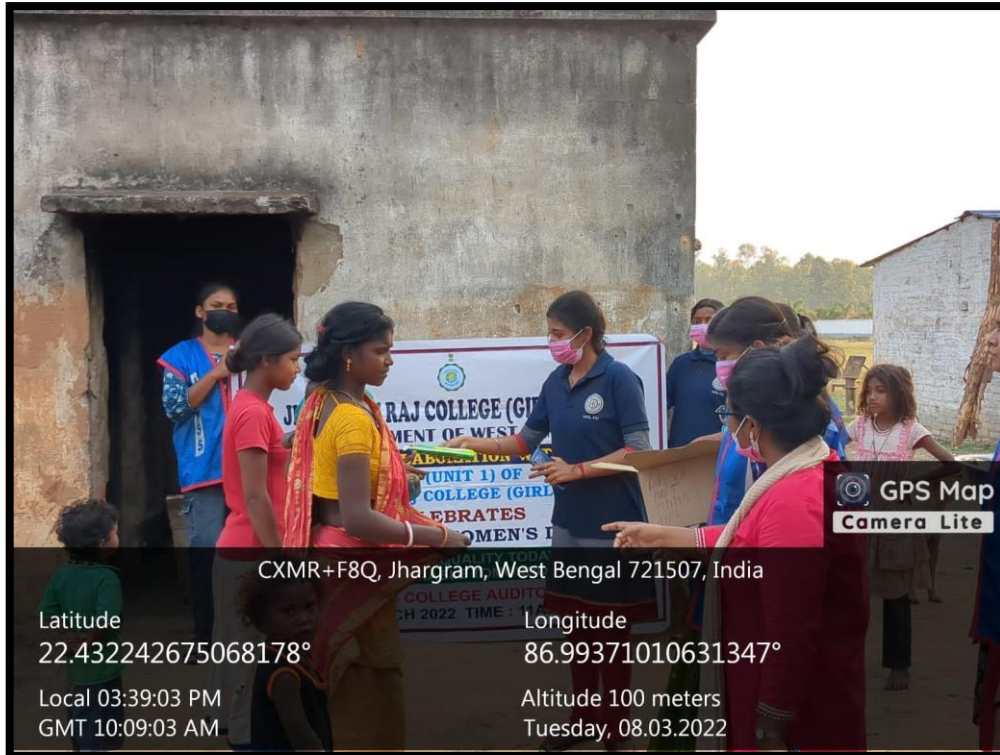
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6. Menstrual Health Awareness Campaign and Sanitary Napkin Distribution at Satyaban Pally

<i>Date of Event</i>	<i>Number of Participants</i>
08.03.2022	22 volunteers

In honour of International Women's Day, 2022, the NSS volunteers visited JRCGW's adopted village— Satyaban Pally. The women and girls in the village received sanitary napkins from the students. They were educated on the many methods for maintaining the health of their menstrual cycle. Most women in the Jhargram district are ignorant of the idea of menstrual health. The campaign by the NSS volunteers helped the inhabitants learn about menstrual hygiene products and how to use them, since discussing about menstruation health is considered taboo in the community.





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GPS Map
Camera Lite

CXMR+F8Q, Jhargram, West Bengal 721507, India

Latitude 22.43224002735087° Longitude 86.99371009551116°

Local 03:37:51 PM Altitude 100 meters
GMT 10:07:51 AM Tuesday, 08.03.2022



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GPS Map
Camera Lite

CXMR+F8Q, Jhargram, West Bengal 721507, India

Latitude 22.432243271022813° Longitude 86.99368951397975°

Local 03:43:25 PM Altitude 100 meters
GMT 10:13:25 AM Tuesday, 08.03.2022



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GPS Map
Camera Lite

CXMR+F8Q, Jhargram, West Bengal 721507, India

Latitude 22.432242061765127° Longitude 86.99371139242646°

Local 03:38:46 PM Altitude 100 meters
GMT 10:08:46 AM Tuesday, 08.03.2022

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7. Debate Competition

<i>Date of Event</i>	<i>Number of Participants</i>
08.03.2022	12 volunteers

On International Women’s Day 2022, JRCGW in collaboration with NSS Unit I organised a debate competition on the pertinent topic “Whether Muslim Girls Should Wear the Burqa in the Educational Institution”. Both oral communication and critical thinking abilities may be developed via debate. It also helps students at a young age to get over their anxiety of speaking in front of an audience. It is also an ideal opportunity to practice cooperation and teamwork skills.



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8. Participated in the Swacchata Programme organised by Jhargram Raj College

<i>Date of Event</i>	<i>Number of Participants</i>
08.03.2022	10 volunteers

On March 8, 2022, Jhargram Raj College hosted a programme on Swacchata in honour of International Women's Day. The event was attended by ten volunteers from JRCGW NSS Unit I. It disseminated the message of maintaining cleanliness in our surroundings and inspired creative thinking to educate the locals on how to do the same. The ambition of building a green and clean society in the future is ingrained in the students.





9. Educational Kit Distribution Programme at Chunikotal Pathshala

<i>Date of Event</i>	<i>Number of Participants</i>
13.04.2022	14 volunteers

"Literacy is the most basic currency of the knowledge economy," as stated by Barack Obama. In keeping with this idea, fourteen NSS volunteers took part in Chunikotal Pathshala's instructional kit distribution initiative. The pathshala students benefited from the volunteers' assistance in fostering the joy of learning.





10. Health and Hygiene Awareness Programme at Chunikotal Pathshala

<i>Date of Event</i>	<i>Number of Participants</i>
13.04.2022	08 volunteers

On April 13, 2022, NSS Unit I of JRCGW hosted a programme to raise awareness of health and cleanliness. Students received kits of sanitation supplies. Concurrently, the NSS volunteers assisted in bathing the pathshala students and provided them with hands-on training in maintaining personal hygiene and health. They received instruction on how to keep an environment sanitized and clean.





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11. Participated in the 'Mind Management' Workshop

<i>Date of Event</i>	<i>Number of Participants</i>
19.04.2022	08 volunteers

The Mind Management Workshop was held at the college auditorium at JRCGW. Swami Amartyananda Maharaj, Secretary of the Ramkrishna Mission in Midnapore, was the event's main speaker. He gave the students hands-on instruction on how to meditate. The NSS volunteers made the event a success. Meditation raises one's awareness and calms the mind. As a result, this course is essential for students as well as teachers.





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12. Participated in an Online Poster Competition through Google Form for World Earth Day

<i>Date of Event</i>	<i>Number of Participants</i>
23.04.2022	04 volunteers

On World Earth Day, the NSS volunteers took part in an online poster competition via the internet platform. The participants demonstrated their creative abilities by depicting their ideas for environmental conservation. These contests are opportunities for NSS volunteers to convey the word to people about the significance of the day and the necessity to create solutions to rescue it from oncoming disaster. The poster below is of Doli Mahata who stood third in the competition.





13. *Aranya Saptaha* Celebration on World Environment Day

<i>Date of Event</i>	<i>Number of Participants</i>
05.06.2022	28 volunteers

Twenty-eight volunteers took part in *Aranya Saptaha* to commemorate World Environment Day. The volunteers not only planted trees for a better future, but they also spread awareness about the benefits of tree planting and how it may help the environment. The volunteers also had a group discussion on the significance and use of medicinal plants. These discussions are critical in today's world because conserving the environment and establishing a better future are the need of the hour.

